

Goals vs Desires Worksheet

Guidelines:

Goals and Desires should be for planning 90 Days from now

List **Three** Goals and **Three** Desires and Start with Desires First

A Goal: That which you alone can accomplish and is in your control

A Desire: That which is out of your control and depends on someone helping you accomplish it
Remember: A Desire has to do with outward success (results) and a Goal has to do with inner excellence (discipline)

You Work for a Goal; you Pray for a Desire

A Goal is predictable; a Desire is unpredictable

A Goal has to do with activities; a Desire has to do with Results of the activity

GOALS

DESIRES

Personal Development (weight loss, reading program, exercise etc.)

1.

2.

3.

Relationships (family members, friends, colleagues etc.)

1.

2.

3.

Work (telephoning, studying, preparation etc.)

1.

2.

3.